



MOEBIUSYOGA™
At THE PRANA STUDIO
For Yoga and Health

Hannelore Moebius
13 Sunnyside Drive
Durham NH 03824
(603) 868 6753

yoga@moebiusyoga.com
www.moebiusyoga.com

SUMMER YOGA

at the Water Front
of WAGON HILL FARM

WEDNESDAYS AT NOON
12:00AM - 1:00PM

JUNE 2 - AUGUST 25

Every Wednesday at noon, Hannelore Moebius as well as Graduates and current Teacher Students of The Prana Studio's Integrative Yoga Therapy Teacher Training will be offering Yoga. All classes are tailored for a MIXED LEVEL group. Join us, even if you are new to yoga.

ALL ARE WELCOME.

Bring a beach towel or Yoga mat to practice on and wear comfortable clothing. Sunscreen and sunglasses are recommended, too.

The waterfront is a five-minute walk from the parking lot down the gravel path.

The classes are free.

You are welcome to donate a small amount to the Portsmouth organization

SHARE OUR STRENGTH, who supports people in need.

Checks made out to SHARE OUR STRENGTH. Thank you!